



My Car Seat Reward Chart

1	2
3	4
5	6
7	8
9	10

(name)

will be rewarded with

when they get 10 reward points for



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1. Print out the Reward Chart and cut out around the dotted lines.
2. Decide what would equal one reward – for example; each journey, one full day, every 45 mins.
3. Complete the reward information, so they can see what they will get as a reward (*if they are a non-reader, glue a picture on.*)
4. Have a chat with them about what they are doing wrong and why you are worried about them.
5. Hang the chart on the head restraint so your child can see it.
6. Keep either stickers or a coloured pen in the car to mark off every reward.

